

# When...

Part 1: Foundations

Psalm 1

## Launch

Did you make any New Year's resolutions? How are they going?

## Explore

### Read the passage

What two types of people are described in this Psalm?

What is the difference between a tree and chaff?

Why is this psalm foundational to the rest of this series?

## Apply

Coming into this series, how familiar are you with the Psalms? What are you hoping to learn?

Refer back to Psalm 1. What makes a person "righteous"?

If a person realized that they were like "chaff," how would they change and become more like a "tree planted by streams of water?"

How do you engage with God's Word as part of your daily routine? What's been helpful? What are methods you've tried that haven't worked well? What's the difference?

## Pray

Pray that we'd be making daily choices that reflect a deep reliance on God and his Word.