

When...

The Challenges of Life are Stronger than Us
Psalm 68

Launch

What's the best thing about Spring? Any favorite Springtime childhood memories?

Explore

Read the Psalm

At first glance, what stands out to you about this passage?

This Psalm contains several descriptions of violence. Why do you think David included them?

What does this Psalm teach us about God's power?

Re-read verses 5-6. How does this describe God's heart for the afflicted?

Apply

This Psalm might seem hard to interpret and apply to our lives without digging a little deeper. Scholars believe that David was following the pattern of Israel's wandering in the wilderness on the way to the Promised Land. The wilderness experience reminded the people of their weakness, God's power, and their dependence on his protection and provision.

What is your personal wilderness experience? How has it revealed your own weakness and brokenness? How have you seen God's power, provision, and protection in your life?

God is "a father to the fatherless and a champion of widows" who "provides home for the deserted" and "leads out the prisoners to prosperity." As his agents of redemption, how might God be inviting you to help people like this?

Pray

Pray that we will clearly see God for who He really is. Pray that we'll admit our weakness and rely on him to guide and empower us through life's challenges.