

# When...

I'm Afraid  
Psalm 23

## Launch

What is your favorite movie genre? If you say "Romantic Comedy" (aka Rom Com) you have to do 20 pushups on the spot.

## Explore

### Read the Psalm

How are people like sheep?

Why would the Good Shepherd's rod and staff be so comforting?

What does it mean to be anointed with oil and have an overflowing cup? How could this be misconstrued as "prosperity preaching" (essentially saying that God wants you to be rich and comfortable)?

David wrote this Psalm while fleeing for his life. How could he write about his contentment and God's abundant provision during this crisis?

## Apply

What are the things that make you afraid? What keeps you up at night?

Have you ever felt the Lord's goodness and love pursuing you? Describe.

What are your enemies; the things that fight against a life of joy and peace?

It can be tempting to desire God's blessings more than His presence. How do you avoid this temptation? How do you best experience the Lord's presence?

## Pray

Pray that we would be aware of the Lord leading, feeding, pursuing and restoring us.